

Curriculum Intent

Our Physical Education (PE) curriculum aims to provide a broad and balanced program that enables every student to fulfil their potential, enhancing their physical fitness, and developing them holistically as well-rounded sportspersons whilst meeting the National Curriculum. We create an inclusive and stimulating environment where students can experience a wide range of PE and sport opportunities while recalling and building on prior knowledge to lay a foundation for lifelong engagement in physical activity.

Implementation - - KS3 Core

Optimal categories of knowledge and skills run through our curriculum of different sports. In order for students to adequately retain and understand new information, they must connect it to information that they already knew. Therefore, our curriculum is sequenced in a way where students will cover a number of different sports across the year and also reconnect with those sports over the key stage, building on previous learning. All students will have an opportunity to experience all of the different sports we have on offer.

	Activities
Half Term 1	Year 7 - Baseline Testing Basketball, Football, Netball, HRF, Pickleball
Half Term 2	Dance/Gymnastics, Basketball, HRF, Netball
Half Term 3	Badminton, Netball, Football, Table Tennis

Half Term 4	OAA, Cricket, Badminton, Dance/Gymnastics
Half Term 5	Athletics
Half Term 6	Table Tennis, OAA, Pickleball, Cricket

Implementation - - - KS4 Core		
Optimal categories of knowledge and skills continue to run through our curriculum in KS4 with a focus on the promotion of a healthy and active lifestyle through physical activity engagement. Activities are performed with competition or recreation in mind. Students can opt to follow a sequence of continued skill development into competitive scenarios or they can choose to take a more holistic approach to recreational involvement in sport and physical activity.		
	Practical	Leadership (Y10)
Half Term 1	Netball, Football, Basketball, Badminton, Pickleball, Table Tennis, Fitness, Dance	Knowledge Development
Half Term 2		Practical Leadership
Half Term 3		Recreational Multi Sports
Half Term 4		Recreational Multi Sports

Half Term 5	Athletics, OAA	Athletics
Half Term 6	Cricket, Pickleball, Rounders, Football	Y10 Orienteering

Implementation - - - KS4 Cambridge National Sport Studies

Sport Studies will encourage students to think for themselves about the study of sport and the application to real life practical sport, leadership and evaluation of the skills required there. They will study topics affecting sport through the contemporary issues unit, both play and lead sporting activities, as well as having the chance to either explore the world of outdoor sport

	R184	R185	R187
Y10 Term 1		TA3: Organising and planning a sports activity session TA4: Leading a sports activity session TA5: Reviewing your own performance in planning and leading of a sports activity session	
Y10 Term 2			TA1: Provision for different types of outdoor and adventurous activities in the UK TA2: Equipment, clothing and safety aspects of participating in outdoor and adventurous activities TA3: Plan for and be able to participate in an outdoor and adventurous activity TA4: Evaluate participation in an outdoor and adventurous activity
Y10 Term 3		TA 1: Key components of performance	
Y11 Term 1	TA 1: Issues which affect participation in sport TA 2: The role of sport in promoting values	Coursework Resubmission	

	TA 3: The implications of hosting a major sporting event for a city or country		
Y11 Term 2	TA 4: The role National Governing Bodies (NGBs) play in the development of their sport TA 5: The use of technology in sport		
Y11 Term 3	Exam		

Implementation - - - KS4 GCSE PE

The examined components will provide the knowledge and understanding which underpin the non-exam assessment (NEA). The NEA within this specification allows learners to explore a range of activities in the role of performer, including both team and individual activities. Learners will also analyse and evaluate performance in a chosen activity as part of their NEA. This course will prepare learners for the further study of PE or sports science courses as well as other related subject areas such as psychology, sociology and biology.

	Paper 1	Paper 2	Practical
Y10 Term 1	1.1.a. The structure and function of the skeletal system 1.1.b. The structure and function of the muscular system	2.1.a. Engagement patterns of different social groups 2.1.b. Commercialisation of physical activity and sport	Dance, Badminton, Football, Netball
Y10 Term 2	1.1.c. Movement analysis 1.2.a. Components of fitness	2.1.c. Ethical and socio-cultural issues 2.3 Health, fitness and well-being	Cross Country, Table Tennis, Basketball
Y10 Term 3	1.2.b. Applying the principles of training Analysing and Evaluating Performance	2.3 Health, fitness and well-being Fitness Testing Analysing and Evaluating Performance	Athletics
Y11 Term 1	1.2.c. Preventing injury in physical activity and training 1.1.d. The cardiovascular and respiratory systems MOCK 1	2.2 Sports psychology Analysis and Evaluation Performance MOCK 1	Dance, Badminton, Football, Netball

Y11 Term 2	1.1.e. Effects of exercise	Analysis and Evaluation Performance	Cross Country, Table Tennis, Basketball
	Revision	Revision	
	MOCK 2	MOCK 2	
Y11 Term 3	Exam Practice	Exam Practice	Examination Sports Practical Moderation

Impact

In KS3, students are assessed each term on development of skills, physical attributes and decision making.

Lessons will provide opportunities to work on those different areas with opportunities to analyse and assess where they are and what they need to do to improve.

Verbal feedback will be provided to students at each data drop, discussing what they are doing well and what they need to further develop.

In KS4, there is no formal assessment in core PE but students are assessed on their attitude to learning.

In Sport Studies, students are assessed in the following way:

- Unit R184 - Externally assessed exam (40%)
- Unit R185 - Internally assessed coursework (40%)
- Unit R187 - Internally assessed coursework (20%)

In GCSE PE, students are assessed in the following way:

- 01 Physical factors affecting performance
 - *Written exam (30%)*
- 02 Socio-cultural issues and sports psychology
 - *Written exam (30%)*
- 04 Practical Performances
 - *Non-exam assessment (30%)*
- 05 Analysis and Evaluation of Performance
 - *Non-exam assessment (10%)*