



De La Salle School

Cambridge National OCR Sport Studies

Learning Journey



R184
Contemporary
issues in sport

R184 L03 The implications of
holding a major sporting event

R184 L01 issues which effect
sports participation

R185 Contemporary issues in sport L05
Review own performance in the
planning and delivery of a sports activity
session

YEAR
11

R184 L05 The use of
technology in sport

R184 L04 The role the National
Governing Bodie splay in the
development in sport

R184 L02 The role of sport in
promoting values

R185 L02 finish training plan

R185 L04 leading
sports leader activity



R187 L03 Plan for & be
able to participate in
outdoor & adventurous
activities

R185 L01 Key
components
of sports

Basketball

R185 L02 Applying practice methods to
support movement in a sporting activity

R187 L02 equipment
clothing & safety aspects
of participating in outdoor
& adventurous activities

R187 L01
provision for
different
types of
outdoor &
adventurous
activities in
the UK

R187 L04
Evaluate
performance

R185 performance
and leadership in
sports activities

Log books

Table
tennis



R185 L03
organizing
& planning
a sports
activity



R187
increasing
awareness of
outdoor &
adventurous
activities

YEAR
10

Introduction to the course