

De La Salle School

(YEAR 11 ONLY) Cambridge Nationals **Sport Studies Level 1/2 Learning Journey**





EXAM WINDOW

YEAR 11 Term 3

Unit R184: Contemporary issues in sport Unit R184: Contemporary issues in sport Topic Area 5: The use of technology in sport

> -Mock feedback -Revision

-Exam rehearsal

-MOCK 2







YEAR 11 Term 2

Coursework Resubmission

Unit R185: Performance and leadership in sports activities Unit R187: Increasing awareness of Outdoor & Adventurous

Unit R185: Performance and leadership in sports activities

Topic Area 3: Organising and planning a sports activity session activity session

- •3.1 Organisation of a sports activity session
- •3.2. Safety considerations when planning a sports activity session
- •3.3 Objectives to meet the needs of the group
- Topic Area 4: Leading a sports activity session
- •4.1 Organisation of a sports activity session
- •4.2 Leading a sports activity session Topic Area 5: Reviewing your own performance in planning and
- leading a sports activity session
- •5.1 Review your leadership of a sports activity session



Unit R184: Contemporary issues in sport

Unit R184: Contemporary issues in sport

- Topic Area 5: The use of technology in sport
- •5.1 The role of technology in sport •5.2 Positive and negative effects of the use of technology in sport

-MOCK 1







Unit R184: Contemporary issues in sport

Topic Area 3: The implications of hosting a major sporting event for a

- •3.1 The features of a major sporting event
- •3.2 Positive and negative pre-event aspects of hosting a major
- •3.3 Potential positive and negative aspects of hosting a major sporting event

Topic Area 4: The role National Governing Bodies (NGBs) play in the development of their sport

4.1 National Governing Bodies (NGBs)



Unit R187: Increasing awareness of Outdoor & Adventurous Activities

Topic Area 3: Plan for and be able to participate in an outdoor and adventurous activity

- 3.1 Key considerations when planning an outdoor activity in a specified location
- 3.2 Outdoor activity risk assessment 3.3 Emergency procedures plan
- 3.4 Demonstrate appropriate skills in outdoor activities

Topic Area 4: Evaluate participation in an outdoor and adventurous activity

- 4.1 Evaluate participation of outdoor activity
- 4.2 Evaluate the value of participating in outdoor activities

YEAR 10 Term 3

Unit R184: Contemporary issues in sport

Topic Area 2: The role of sport in promoting values

- 2.1 Sport values
- •2.2 The Olympic and Paralympic movement
- •2.3 Sporting values initiative and campaigns
- •2.4 The importance of etiquette AND sporting behaviour •2.5 The use of Performance Enhancing Drugs (PEDs) in sport

Topic Area 3: The implications of hosting a major sporting event for a city or country

- •3.1 The features of a major sporting event
- •3.2 Positive and negative pre-event aspects of hosting a major sporting event
- •3.3 Potential positive and negative aspects of hosting a major sporting event

Unit R187: Increasing awareness of Outdoor & Adventurous Activities Topic Area 1: Provision for different types of OAA in UK

•1.1 The provision available for outdoor and adventurous activities both locally and nationally

Topic Area 2: Equipment, clothing and safety aspects of participating in

- outdoor and adventurous activities •2.1 Types of equipment to be used for participation
- •2.2. Types of clothing to be used for participation
- •2.3 Types of technology that can enhance participation or safety
- •2.4. Types of terrain and environment



Unit R184: Contemporary issues in sport

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YEAR 10 Term 2



Topic Area 1: Key components of performance

- •1.1 Performance in selected activities
- •1.2 Participating in your activities
- •1.3 Decision-making during performance •1.4 Managing and maintaining performance in individual activities
- •1.5 Your role and contribution to team activities

Topic Area 2: Applying practice methods to support improvement in a sporting activity

- •2.1 Strengths and weaknesses of sports performance
- •2.2 Methods to improve performance
- •2.3 Measuring improvement in performance



Unit R184: Contemporary issues in sport

Topic Area 1: Issues which affect participation in sport

- •1.1 User groups
- •1.2 Possible barriers
- •1.3 Possible barrier solutions
- •1.4 Factors which can positively and negatively impact upon the popularity of sport in the UK
- •1.5 Emerging/new sports in the UK



