

Year 8 PSHRE PROVISION AUTUMN 2022

Week	PSHE (Health and Wellbeing/ Living in the wider world) (Wed AM)	RSE (Relationships) (Friday AM)	SMSC (Theme of the week)	KEY DATES/EVENTS
1: 5/9/2022	Introduction to PSHE	Introduction to RSE	New Beginnings <i>“What we call the beginning is often the end. And to make an end is to make a beginning. The end is where we start off from.”</i> T.S. Eliot (d.1965)	7 th Organ Donation Week 7 th Youth Mental Health 10 th World Suicide Prevention Day
2: 12/9/2022	Health and Wellbeing: Queen Elizabeth II : Acknowledgement of death booklet	RSE Assessment	Creativity <i>“Creativity is not a mystical talent. It is a skill that can be practised and nurtured.”</i> Edward de Bono (b.1933)	14 th Jeans for Genes day (week) 14 th Sexual Health Week 14 th National Hygiene Week 15 th International day of democracy 16 th National Teaching Assistants Day 16 th International day for the preservation of the ozone layer 20 th Recycle week
3: 19/9/2022	TenTen Religious Understanding- Created and chosen To help students to develop an appreciation that their deepest identity is in God; as people created, chosen and loved by God	TenTen Religious Understanding- Created and chosen To help students to develop an appreciation that their deepest identity is in God; as people created, chosen and loved by God	Awe <i>“Two things awe me most, the starry heavens above me and the moral law within me.”</i> Immanuel Kant (d.1804)	21 st International Day of Peace 22 nd Autumn Equinox 26 th European Day of Languages 27 th World Tourism Day

	https://www.tentenresources.co.uk/secondary/subscribers/lttf-year-8/year-8-session-1/	https://www.tentenresources.co.uk/secondary/subscribers/lttf-year-8/year-8-session-1/		
4: 26/9/2022	Health and Wellbeing: Emotional literacy/ Self awareness	Relationships Domestic conflict	Symbolism <i>"Symbols are the imaginative signposts of life."</i> Margot Asquith (d.1945)	1 st World Vegetarian Day 2 nd International Day of Non-Violence 5 th World Teachers' Day
5: 3/10/2022	Health and Wellbeing: Black lives Matter	TenTen My Body- Deepest identity Students will learn that science proves their uniqueness and they will celebrate the uniqueness of their God-given body, nature, gifts and talents. https://www.tentenresources.co.uk/secondary/subscribers/lttf-year-8/year-8-session-2/	Revelation <i>"None of you truly believes until he wishes for his brother what he wishes for himself."</i> Prophet Muhammed (632 C.E.)	5 th World Teacher Day 8 th - 15 th Week of prayer for world peace (Interfaith) 10 th World Mental Health Day
6: 10/10/2022	Health and Wellbeing: Managing behaviour to achieve	TenTen My Body- Deepest identity Students will learn that science proves their uniqueness and they will celebrate the uniqueness of their God-given body, nature, gifts and talents. https://www.tentenresources.co.uk/secondary/subscribers/lttf-year-8/year-8-session-2/	Melancholy <i>"Melancholy were the sounds on a winter's night."</i> Virginia Woolf (d.1941)	16 th World Food Day 17 th International Day for the Eradication of Poverty 18 th Anti-Slavery Day
7: 17/10/2022	Health and Wellbeing: Personal safety/ first aid	Relationships	Sustenance <i>"Human beings are of such nature that they should have not</i>	23 rd Wear it pink day (Breast cancer) 24 th United nations day

		Who are extremist groups and why are they so dangerous?	<i>only material but spiritual sustenance well. Without spiritual sustenance, it is difficult to maintain peace of mind.</i> Dalai Lama (b.1935)	
HALF TERM				
8: 31/10/2022	Health and Wellbeing: Teen pregnancy/ Parenting	Relationships Sexting	Failure <i>"Failure is a bruise, not a tattoo."</i> John Sinclair (b.1941)	1 st All Saints Day (Christianity) 2 nd All Soul's Day (Christianity) 5 th Guy Fawkes Night 8 th Remembrance Sunday
9: 7/11/2022	Health and Wellbeing: Stereotyping, discrimination and prejudice, disability focus	TenTen Emotional Well being - What do I do with these feelings? Building on the core teaching in the Religious Understanding session about our deepest identity being in God, students will learn about some of the ways people may choose to articulate certain aspects of their identity, including gender and sexuality identity. https://www.tentenresources.co.uk/secondary/subscribers/lttf-year-8/year-8-session-3/	Pacifism <i>"At the centre of non-violence stands the principle of love."</i> Martin Luther King, Jr. (d.1968)	11 th Armistice 8 th -15 th Interfaith week 11 th Armistice Day 11 th Anti-bullying week 13 th World Kindness day
10: 14/11/202	Health and Wellbeing: Nicotine, vaping, addiction	TenTen Emotional Well being - What do I do with these feelings? Building on the core teaching in the Religious Understanding session about our deepest identity being in God, students will learn about some of the ways people may choose to articulate certain aspects of their identity, including gender and sexuality identity. https://www.tentenresources.co.uk/secondary/subscribers/lttf-year-8/year-8-session-3/	Philosophy <i>"Wonder is the feeling of the philosopher, and philosophy begins in wonder."</i> Plato (5 th century B.C.E.)	16 th International Day of Tolerance 19 th World Philosophy Day 16 th Road Safety week 19 th International men's day 19 th World Philosophy day 20 th universal children's day
11: 21/11/2022	Health and Wellbeing:	Relationships	Expectations	30 th St Andrew's Day

	Mindfulness	Consent	<i>"There two ways to be happy: improve your reality or lower your expectations."</i> Jodi Picoult (b.1966)	29 th First Sunday of Advent/Advent Sunday
12: 28/11/2022	Health and Wellbeing: Personal development	Relationships Pornography	Belief <i>"One person with a belief is equal to ninety-nine who have only interests."</i> John Stuart Mill (d.1873)	1 st December Advent Sunday (Christianity) 1 st World Aids day 2 nd International day for the abolition of slavery 3 rd international day of persons with disabilities 5 th international volunteers day
13: 5/12/2022	Health and Wellbeing: Knife Crime	TenTen Life cycles - Before I was born They will learn that media portrayals of the human body may present a false ideal of male/female bodily perfection (stereotypes) which does not reflect real life and can have a negative impact on the individual. https://www.tentenresources.co.uk/secondary/subscribers/lttf-year-8/year-8-session-4/	Inclusion <i>"You have a responsibility to make inclusion a daily thought, so we can get rid of the word 'inclusion.'"</i> Theodore Melfi (b.1971)	10 th International Human Rights Day 10 th Nobel prizes awarded 13 th Christmas jumper day
14: 12/12/2022	Health and Wellbeing: Self confidence/ boosting achievement	TenTen Life cycles - Before I was born They will learn that media portrayals of the human body may present a false ideal of male/female bodily perfection (stereotypes) which does not reflect real life and can have a negative impact on the individual. https://www.tentenresources.co.uk/secondary/subscribers/lttf-year-8/year-8-session-4/	Human Rights <i>"To deny people their human rights is to challenge their very humanity."</i> Nelson Mandela (d.2013)	18 th International Migrants Day 21 st Winter Solstice 24 th Christmas Eve / 25 th Christmas Day
15: 19/12/2022		Relationships Body Image and the media: male focus	Christmastide	

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Year 8 PSHRE PROVISION SPRING 2023

Week	PSHE (Health and Wellbeing/ Living in the wider world) (Wed AM)	RSE (Relationships) (Fri AM)	SMSC	KEY DATES/EVENTS
16: 9/1/2023	Living in the wider world Environment/ climate change	Relationships Safe sex/ contraception	Aspiration "Ships are safe in the harbour, but that's not what they're built for." John A. Shedd (d.1928)	6 th Epiphany (Christianity) 7 th Christmas Day (Orthodox Christianity)
17: 16/1/2023	Living in the wider world Environment/ climate change	Relationships Sexual health and STI's	Idiosyncratic "The things that make me different are the things that make me." A. A. Milne (d.1956)	15 th World Religion Day 15 th Martin Luther King Jr born 1929.
18: 23/1/2023	Living in the wider world Stereotyping, discrimination and prejudice: Teen and the media focus	TenTen Personal Relationships When relationships get tough This session explores sexual attraction and sensual pleasure and helps students to understand these feelings within the context of our deepest identity being rooted in God	Morality "Every story has a moral you just need to be clever enough to find it" Lewis Carroll (d.1898)	

		https://www.tentenresources.co.uk/secondary/subscribers/lttf-year-8/year-8-session-5/		
19: 30/1/2023	Living in the wider world Internet Safety: what is online grooming	TenTen Personal Relationships When relationships get tough This session explores sexual attraction and sensual pleasure and helps students to understand these feelings within the context of our deepest identity being rooted in God https://www.tentenresources.co.uk/secondary/subscribers/lttf-year-8/year-8-session-5/	Holocaust “Despite everything, I still believe that people are really good at heart” Anne Frank (d.1945)	25 th Burns’ Night 27 th Holocaust Memorial Day 30 th Gandhi’s Martyrdom Day
20: 6/02/2023	Living in the wider world LGBTQ+ Focus Homophobia	Relationships British Values: tolerance and respect for others	Oxymoron “Make haste slowly.” Roman Proverb	
HALF TERM				
21: 20/02/2023	Living in the wider world Careers + development focus, how to develop communication skills	Relationships Stereotyping, discrimination and prejudice: religion focus	Reconciliation Why do you notice the splinter that is in your brother’s eye, but not the log that is in your own eye?” Gospel of Matthew 7:3	22 nd - 7 th March Fair Trade Fortnight
22: 27/02/2023	Living in the wider world Careers + development focus, how to develop teamwork skills	TenTen Keeping Safe Think before you share This leads to an exploration of all kinds of pressure: spoken and unspoken, positive and negative, from self and others. Students will understand the need for reflection to facilitate personal growth and the role prayer can play in this.	Irony “Humour is mankind’s greatest blessing.” Mark Twain (d.1910)	22 nd - 7 th March Fair Trade Fortnight 1 st National Storytelling Week 1 st Dignity Action Day 6 th International Day of Zero Tolerance to FGM 3 rd World wildlife day 4 th World Book Day

		https://www.tentenresources.co.uk/secondary/subscribers/lttf-year-8/year-8-session-6/		5-14 th British Science Week
23: 6/03/2023	Living in the wider world How can we become entrepreneurs?	TenTen Keeping Safe Think before you share This leads to an exploration of all kinds of pressure: spoken and unspoken, positive and negative, from self and others. Students will understand the need for reflection to facilitate personal growth and the role prayer can play in this. https://www.tentenresources.co.uk/secondary/subscribers/lttf-year-8/year-8-session-6/	Entrepreneur “From my very first day as an entrepreneur, I've felt the only mission worth pursuing in business is to make people's lives better.” Richard Branson (b.1950)	5-14 th British Science Week 14 th Mother's Day
24: 13/03/2023	Living in the wider world Finance: what is income and expenditure	Relationships Radicalisation: prevent and signs of extremism	Ecology “The first law of ecology is that everything is related to everything else.” Barry Commoner (d.2012)	15 th World Consumer Rights Day 17 th Saint Patrick's Day 20 th Spring Equinox International Day of Happiness 21 st World Poetry Day
25: 20/03/2023	Living in the wider world Finance: Budgeting and saving personal finances	Relationships https://www.tentenresources.co.uk/secondary/subscribers/lttf-year-7/year-7-session-7/	Parliament “Everybody is a political person, whether you say something or you are silent.” Paulo Coelho (b.1947)	22 nd World Water Day 23 rd World Meteorological Day 28 th Palm Sunday
27/03/2023	Living in the wider world Careers + finance:	Relationships	Psychology	

	<p>What is national insurance and income tax, reading payslips etc</p> <p>Catch up</p>	<p>https://www.tentenresources.co.uk/secondary/subscribers/lttf-year-7/year-7-session-7/</p> <p>Catch up</p>	<p>“The greatest discovery of my generation is that human beings can alter their lives by altering their attitudes of mind” William James (d.1910)</p>	
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