

Year 10 PSHRE PROVISION AUTUMN 2022

Week	PSHE (Health and Wellbeing/ Living in the wider world) (Wed AM)	RSE (Relationships) (Friday AM)	SMSC (Theme of the week)	KEY DATES/EVENTS
1: 5/9/2022	Introduction to PSHE	Introduction to RSE	<p style="text-align: center;">New Beginnings</p> <p style="text-align: center;"><i>“What we call the beginning is often the end. And to make an end is to make a beginning. The end is where we start off from.”</i> T.S. Eliot (d.1965)</p>	<p>7th Organ Donation Week 7th Youth Mental Health 10th World Suicide Prevention Day</p>
2: 12/9/2022	<p>Health and Wellbeing:</p> <p>Queen Elizabeth II : Acknowledgement of death booklet</p>	<p style="text-align: center;">RSE Assessment</p> <p style="text-align: center;">Assessment</p>	<p style="text-align: center;">Creativity</p> <p style="text-align: center;"><i>“Creativity is not a mystical talent. It is a skill that can be practised and nurtured.”</i> Edward de Bono (b.1933)</p>	<p>14th Jeans for Genes day (week) 14th Sexual Health Week 14th National Hygiene Week 15th International day of democracy 16th National Teaching Assistants Day 16th International day for the preservation of the ozone layer 20th Recycle week</p>

<p>3: 19/9/2022</p>	<p>TenTen Religious Understanding- Authentic freedom</p> <p>To understand more fully the virtue of chastity and how training in self-control leads to authentic freedom. Students will develop their appreciation of sensual pleasure as a gift from God and intended to express the gift of oneself is a way of growing in understanding of themselves and their own character, as well as deepening their relationship with God https://www.tentenresources.co.uk/secondary/subscribers/lttf-year-10/year-10-session-1/</p>	<p>TenTen Religious Understanding- Authentic freedom</p> <p>To understand more fully the virtue of chastity and how training in self-control leads to authentic freedom. Students will develop their appreciation of sensual pleasure as a gift from God and intended to express the gift of oneself is a way of growing in understanding of themselves and their own character, as well as deepening their relationship with God https://www.tentenresources.co.uk/secondary/subscribers/lttf-year-10/year-10-session-1/</p>	<p>Awe</p> <p><i>“Two things awe me most, the starry heavens above me and the moral law within me.”</i> Immanuel Kant (d.1804)</p>	<p>21st International Day of Peace 22nd Autumn Equinox 26th European Day of Languages 27th World Tourism Day</p>
<p>4: 26/9/2022</p>	<p>Health and Wellbeing: Binge Drinking</p>	<p>Relationships</p> <p>Relationships with role models</p>	<p>Symbolism</p> <p><i>“Symbols are the imaginative signposts of life.”</i> Margot Asquith (d.1945)</p>	<p>1st World Vegetarian Day 2nd International Day of Non-Violence 5th World Teachers' Day</p>

<p>5: 3/10/2022</p>	<p>Health and Wellbeing: Black lives matter</p>	<p>TenTen My Body- Body Image</p> <p>Building on what gives us authentic freedom, this session explores what might inhibit this freedom, particularly in relation to our physical bodies. The session enables students to challenge the notion of 'idealised' bodies in the broadcast media and on social media. The session explores notions of 'dignity' and 'modesty' in relation to the body https://www.tentenresources.co.uk/secondary/subscribers/lttf-year-10/year-10-session-2/</p>	<p>Revelation <i>"None of you truly believes until he wishes for his brother what he wishes for himself."</i> Prophet Muhammed (632 C.E.)</p>	<p>5th World Teacher Day 8th - 15th Week of prayer for world peace (Interfaith) 10th World Mental Health Day</p>
<p>6: 10/10/2022 2</p>	<p>Health and Wellbeing: Managing grief and bereavement</p>	<p>TenTen My Body- Body Image</p> <p>Building on what gives us authentic freedom, this session explores what might inhibit this freedom, particularly in relation to our physical bodies. The session enables students to challenge the notion of 'idealised' bodies in the broadcast media and on social media. The session explores notions of 'dignity' and 'modesty' in relation to the body https://www.tentenresources.co.uk/secondary/subscribers/lttf-year-10/year-10-session-2/</p>	<p>Melancholy <i>"Melancholy were the sounds on a winter's night."</i> Virginia Woolf (d.1941)</p>	<p>16th World Food Day 17th International Day for the Eradication of Poverty 18th Anti-Slavery Day</p>

7: 17/10/2022 2	Health and Wellbeing: Managing social anxiety	Relationships Community Cohesion	Sustenance <i>"Human beings are of such nature that they should have not only material but spiritual sustenance well. Without spiritual sustenance, it is difficult to maintain peace of mind."</i> Dalai Lama (b.1935)	23 rd Wear it pink day (Breast cancer) 24 th United nations day
HALF TERM				
8: 31/10/2022 2	Health and Wellbeing: Why do people commit suicide?	Relationships Conflict management	Failure <i>"Failure is a bruise, not a tattoo."</i> John Sinclair (b.1941)	1 st All Saints Day (Christianity) 2 nd All Soul's Day (Christianity) 5 th Guy Fawkes Night 8 th Remembrance Sunday
9: 7/11/2022	Health and Wellbeing: Social media and self esteem	TenTen Emotional Well being – Values, Attitudes and Beliefs Students take time to ascertain their own core values and beliefs, and also consider when it is appropriate to re-evaluate such attitudes and beliefs. They will learn how to develop respect for themselves and others, regardless of difference, and learn strategies for building self-esteem and self-confidence in healthy ways.	Pacifism <i>"At the centre of non-violence stands the principle of love."</i> Martin Luther King, Jr. (d.1968)	11 th Armistice 8 th -15 th Interfaith week 11 th Armistice Day 11 th Anti-bullying week 13 th World Kindness day

		https://www.tentenresources.co.uk/secondary/subscribers/lttf-year-10/year-10-session-3/		
10: 14/11/202	Health and Wellbeing: Screen time: how much is too much	TenTen Emotional Well being – Values, Attitudes and Beliefs Students take time to ascertain their own core values and beliefs, and also consider when it is appropriate to re-evaluate such attitudes and beliefs. They will learn how to develop respect for themselves and others, regardless of difference, and learn strategies for building self-esteem and self-confidence in healthy ways. https://www.tentenresources.co.uk/secondary/subscribers/lttf-year-10/year-10-session-3/	Philosophy <i>“Wonder is the feeling of the philosopher, and philosophy begins in wonder.”</i> Plato (5 th century B.C.E.)	16 th International Day of Tolerance 19 th World Philosophy Day 16 th Road Safety week 19 th International men's day 19 th World Philosophy day 20 th universal children's day
11: 21/11/2022	Health and Wellbeing: Tattoos and piercings	Relationships Forced and arranged marriages	Expectations <i>“There two ways to be happy: improve your reality or lower your expectations.”</i> Jodi Picoult (b.1966)	30 th St Andrew's Day 29 th First Sunday of Advent/Advent Sunday
12: 28/11/202 2	Health and Wellbeing: Study Skills	Relationships Gender and Trans Identity	Belief <i>“One person with a belief is equal to ninety-nine who have only interests.”</i> John Stuart Mill (d.1873)	1 st December Advent Sunday (Christianity) 1 st World Aids day 2 nd International day for the abolition of slavery

				3 rd international day of persons with disabilities 5 th international volunteers day
13: 5/12/2022	Health and Wellbeing: Living Sustainably	TenTen Life cycles – Pregnancy and Abortion This session begins with a return to the teaching in Year 8 about the stages of life from conception to birth. Students will then explore the consequences of an unintended pregnancy and learn where they can get support and help. They will also learn about the current legal position on abortion, the risks associated with it, and understand the Church's teaching about abortion https://www.tentenresources.co.uk/secondary/subscribers/lttf-year-10/year-10-session-4/	Inclusion <i>"You have a responsibility to make inclusion a daily thought, so we can get rid of the word 'inclusion.'"</i> Theodore Melfi (b.1971)	10 th International Human Rights Day 10 th Nobel prizes awarded 13 th Christmas jumper day
14: 12/12/2022	Health and Wellbeing: Hate crime	TenTen Life cycles – Pregnancy and Abortion This session begins with a return to the teaching in Year 8 about the stages of life from conception to birth. Students will then explore the consequences of an unintended	Human Rights <i>"To deny people their human rights is to challenge their very humanity."</i> Nelson Mandela (d.2013)	18 th International Migrants Day 21 st Winter Solstice 24 th Christmas Eve / 25 th Christmas Day

		pregnancy and learn where they can get support and help. They will also learn about the current legal position on abortion, the risks associated with it, and understand the Church's teaching about abortion https://www.tentenresources.co.uk/secondary/subscribers/lttf-year-10/year-10-session-4/		
15: 19/12/202 2	Health and Wellbeing: Catch up		Christmastide <i>"For it is in giving that we receive."</i> Francis of Assisi (d.1226)	

Year 10 PSHRE PROVISION SPRING 2023

Week	PSHE (Health and Wellbeing/ Living in the wider world) (Wed AM)	RSE (Relationships) (Fri AM)	SMSC	KEY DATES/EVENTS
16: 9/1/202 3	Living in the wider world Anti-Social Behaviour	Relationships Harassment and Stalking	Aspiration	6 th Epiphany (Christianity) 7 th Christmas Day (Orthodox Christianity)

			<p>“Ships are safe in the harbour, but that’s not what they’re built for.” John A. Shedd (d.1928)</p>	
<p>17: 16/1/20 23</p>	<p>Living in the wider world: Crime, gangs and county lines</p>	<p>Relationships Revenge Porn</p>	<p>Idiosyncratic “The things that make me different are the things that make me.” A. A. Milne (d.1956)</p>	<p>15th World Religion Day 15th Martin Luther King Jr born 1929.</p>
<p>18: 23/1/20 23</p>	<p>Living in the wider world Fake news and critical thinking</p>	<p>TenTen Personal Relationships Parenthood: Ready or Not? Building on the previous session about pregnancy, students will learn about the legal responsibilities of parenthood, the role of marriage as the basis for family life and its importance to in bringing up children. Students will explore the difference between sacramental marriage, civil marriage, civil partnerships and other long-term relationships, and they will consider the impact of divorce and separation on children https://www.tentenresources.co.uk/secondary/subscribers/lttf-year-10/year-10-session-5/</p>	<p>Morality “Every story has a moral you just need to be clever enough to find it” Lewis Carroll (d.1898)</p>	

<p>19: 30/1/20 23</p>	<p>Living in the wider world Overt and Covert Racism</p>	<p>TenTen Personal Relationships Parenthood: Ready or Not? Building on the previous session about pregnancy, students will learn about the legal responsibilities of parenthood, the role of marriage as the basis for family life and its importance to in bringing up children. Students will explore the difference between sacramental marriage, civil marriage, civil partnerships and other long-term relationships, and they will consider the impact of divorce and separation on children https://www.tentenresources.co.uk/secondary/subscribers/ttf-year-10/year-10-session-5/</p>	<p>Holocaust “Despite everything, I still believe that people are really good at heart” Anne Frank (d.1945</p>	<p>25th Burns' Night 27th Holocaust Memorial Day 30th Gandhi's Martyrdom Day</p>
<p>20: 6/02/20 23</p>	<p>Living in the wider world Preparing for work experience</p>	<p>Relationships Same sex relationships</p>	<p>Oxymoron “Make haste slowly.” Roman Proverb</p>	
<p>HALF TERM</p>				

21: 20/02/2023	Living in the wider world Rights and responsibilities in the workplace	Relationships Sexism and gender prejudice	Reconciliation Why do you notice the splinter that is in your brother's eye, but not the log that is in your own eye?" Gospel of Matthew 7:3	22 nd - 7 th March Fair Trade Fortnight
22: 27/02/2023	Living in the wider world The right career for me	TenTen Keeping Safe Exploitation In this session, students learn about physical, emotional, domestic abuse and neglect. [By focusing on the testimonies of fictionalised characters], the sessions explore danger signs of abuse in relationships and friendships, and how issues around consent and abuse relate to, pornography, and inappropriate online content, including pornography. Students will identify safe people and places, and they will be taught strategies for dealing with exploitation https://www.tentenresources.co.uk/secondary/subscribers/lttf-year-10/year-10-session-6/	Irony "Humour is mankind's greatest blessing." Mark Twain (d.1910)	22 nd - 7 th March Fair Trade Fortnight 1 st National Storytelling Week 1 st Dignity Action Day 6 th International Day of Zero Tolerance to FGM 3 rd World wildlife day 4 th World Book Day 5-14 th British Science Week
23: 6/03/2023	Living in the wider world What are employers looking for in a CV?	TenTen Keeping Safe Exploitation In this session, students learn about physical, emotional, domestic abuse and neglect. [By focusing on the testimonies of fictionalised characters], the sessions explore danger	Entrepreneur "From my very first day as an entrepreneur, I've felt the only mission worth pursuing in business is to make people's lives better." Richard Branson (b.1950)	5-14 th British Science Week 14 th Mother's Day

		<p>signs of abuse in relationships and friendships, and how issues around consent and abuse relate to, pornography, and inappropriate online content, including pornography. Students will identify safe people and places, and they will be taught strategies for dealing with exploitation</p> <p>https://www.tentenresources.co.uk/secondary/subscribers/lttf-year-10/year-10-session-6/</p>		
<p>24: 13/03/2 023</p>	<p>Living in the wider world</p> <p>Why do we need an international women's day?</p>	<p>Relationships Ten Ten Solidarity</p> <p>https://www.tentenresources.co.uk/secondary/subscribers/lttf-year-10/year-10-session-7/</p>	<p>Ecology</p> <p>"The first law of ecology is that everything is related to everything else." Barry Commoner (d.2012)</p>	<p>15th World Consumer Rights Day</p> <p>17th Saint Patrick's Day</p> <p>20th Spring Equinox</p> <p>International Day of Happiness</p> <p>21st World Poetry Day</p>
<p>25: 20/03/2 023</p>	<p>Living in the wider world</p> <p>Why do people become extremists?</p>	<p>Relationships Ten Ten Solidarity</p> <p>https://www.tentenresources.co.uk/secondary/subscribers/lttf-year-10/year-10-session-7/</p>	<p>Parliament</p> <p>"Everybody is a political person, whether you say something or you are silent." Paulo Coelho (b.1947)</p>	<p>22nd World Water Day</p> <p>23rd World Meteorological Day</p> <p>28th Palm Sunday</p>
<p>27/03/2 023</p>	<p>Living in the wider world</p> <p>Why pursue a STEM career?</p>	<p>Relationships</p> <p>Catch up</p>	<p>Psychology</p> <p>"The greatest discovery of my generation is that human beings</p>	

			can alter their lives by altering their attitudes of mind" William James (d.1910)	
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