



De La Salle School

| WEEK 3 | MONDAY (Planet day) | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY (Chip day) |
|---------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| Main meals – | Pasta bake | Louisiana Cajun fried rice, served with salad and slaw | Spaghetti bolognese served with garlic bread and salad | Chicken Korma and rice, served with vegetables and a Naan bread. | Chicken or fish and chips with peas or beans. |
| Vegetarian - | Jacket potato. Pasta | Jacket potato. Pasta | Jacket potato. Pasta | Jacket potato. Pasta | Pasta bake!! |
| Love Joes - | Chicken fillet burger in a bun, served with salad. Choice of sauces. | Chicken gyros, served in a flatbread, with salad. Choice of sauces | Jumbo Hot dog Choice of sauces | Crispy shredded chicken Buddha bowl served with rice or bread and salad Choice of sauces. | |
| Hot snacks - | Selection of pizza and paninis. Sausage roll. | Selection of pizza and paninis. Popcorn chicken. | Selection of pizza and paninis. Hash brown | Selection of pizza and paninis. pancakes | Selection of pizza and paninis Sausage roll |
| Cold snacks - | Fresh salads (to order), sandwiches and baguettes. Fruit pots, biscuits and cakes. | Fresh salads (to order), sandwiches and baguettes. Fruit pots, biscuits and cakes. | Fresh salads (to order), sandwiches and baguettes. Fruit pots, biscuits and cakes. | Fresh salads (to order), sandwiches and baguettes. Fruit pots, biscuits and cakes. | Fresh salads (to order), sandwiches and baguettes. Fruit pots, biscuits and cakes. |