

PSHE 2024 - Year 7

RBV: Rights, Responsibilities and British Values CDE: Celebrating Diversity and Equality SSO: Staying safe online & Offline
H & W: Health & Wellbeing LBS: Life beyond school

Week/ Date	Wednesday	Friday
1 8/1	Baseline Confidence checker: RBV	RBV: Why is politics important?
2 15/1	RBV: How is our country run?	RBV: The role of the Prime minister
3 22/1	RBV: The Monarchy and King Charles III	RBV: Political debates & Parliament
4 29/1	RBV: Elections & Campaigning	RBV: Creating a political party
5 5/2	Assessment of learning	CATCH UP
6 12/2	Baseline Confidence checker: CDE	CDE: What is your identity?
HALF TERM		
7 26/2	CDE: Multicultural Britain	CDE: Importance of being kind
8 4/3	CDE: Breaking down stereotypes	CDE: Learning Disabilities
9 11/3	CDE: Prejudice & Discrimination	CDE: Challenging Islamophobia
10 18/3	Assessment of learning	Plans adapted April 2024
11 25/3	Plans adapted April 2024	Plans adapted April 2024
EASTER HOLIDAYS		

Week/ Date	Wednesday	Friday
12 15/4	SSO: Avoiding gangs and criminal behaviour	SSO: Staying safe online
13 22/4	SSO: Online gaming, grooming and addiction	SSO: Alcohol & Risk
14 29/4	SSO: Nicotine & Smoking	SSO: E Cigs, vaping & Shisha
15 6/5	SSO: Energy drinks & Caffeine	SSO: Knife crime & Safety
16 13/5	CATCH UP	H & H & W: Puberty Boys W: Introduction to puberty
17 20/5	H & W: Girls puberty & periods	H & W: Personal Hygiene
HALF TERM		
18 3/6	H & W: Growing up	H & W: Self esteem
19 10/6	H & W: Tooth decay/ Dental Health	CATCH UP
20 17/6	LBS: What is PSHE?	LBS: Getting to know people
21 24/6	LBS: What is a community?	LBS: Careers & Your future
22 1/7	LBS: Sleep & Relaxation	LBS: Financial Education
23 8/7	LBS: Transition points & Your life	CATCH UP