

## PSHE 2024 - Year 8

RBV: Rights, Responsibilities and British Values
CDE: Celebrating Diversity and Equality
SSO: Staying safe online & Offline  
H & W: Health & Wellbeing
LBS: Life beyond school

Week/ Date	Wednesday	Friday
1 8/1	Baseline Confidence Checker: RBV	RBV: Law, crime and society: Desert Island living
2 15/1	RBV: Desert Island: Building community	RBV: Desert Island: Making decisions
3 22/1	RBV: Desert Island: Criminals, laws and society	RBV: How are laws made?
4 29/1	RBV: Punish, Reform and Punishment	Assessment of learning
5 5/2	Baseline Confidence Checker: CDE	CDE: Equality & Diversity explored: equality Act 2010 CDE
6 12/2	CDE: LGBTQ+ What is it?	CDE: LGBTQ+ Rights across the world
HALF TERM		
7 26/2	CDE: Gender Equality	CDE: Abieism & Disability Discrimination
8 4/3	CDE: Removing the barriers: equality for all	CDE: Racism & Discrimination in society
9 11/3	Assessment of learning	
10 18/3	Plans adapted April 2024	Plans adapted April 2024
11 25/3	Plans adapted April 2024	Plans adapted April 2024
EASTER HOLIDAYS		

Week/ Date	Wednesday	Friday
12 15/4	SSO: Alcohol safety	SSO: County lines: Who is at risk?
13 22/4	SSO: Substance misuse	SSO: Cyberbullying
14 29/4	SSO: Online grooming	SSO: Alcohol safety
15 6/5	CATCH UP	H & W: Health & Wellbeing
16 13/5	H & W: What is mental health?	H & W: Positive Body Image
17 20/5	H & W: Child abuse	H & W: Types of bullying
HALF TERM		
18 3/6	H & W: Healthy Eating & Cholesterol	H & W: Stress management
19 10/6	CATCH UP	LBS: Employability / Enterprise Skills
20 17/6	LBS: Proud to be me	LBS: Careers & Aspirations
21 24/6	LBS: Self-esteem/Media	LBS: Importance of Happiness
22 1/7	LBS: What makes me angry?	LBS: Exploring Careers
23 8/7	CATCH UP	CATCH UP