

## Dear Parents and Carers,

Firstly, I would like to extend a warm welcome to all our new Year 7 families joining De La Salle this year. Each term, I will provide you with a brief overview of the key highlights and upcoming events within our **Personal Development Programme**.

At De La Salle, we offer a comprehensive programme designed to meet all **8 Gatsby Benchmarks**, ensuring high-quality careers education and guidance throughout your child's school journey. Starting in Year 7, students are introduced to the world of work through a range of engaging and interactive activities. As they progress, the programme becomes increasingly tailored to their individual needs, culminating in **one-to-one Connexions interviews in Year 11**, helping them make informed decisions about their post-16 education and career paths.

Our programme is continually evolving, with new opportunities being added throughout the year. Below you'll find details of planned activities for the **Autumn Term**, along with some useful links at the end of this letter. Please note: **access to the Unifrog registration link is time-limited**, so we encourage you to register as soon as possible. [Unifrog website](#) Parental code: LALAParent

### *Business & Community Involvement*

We are always looking for business guests to enhance our careers programme by participating in activities such as mock interviews, mini career talks, and our career carousel morning. If you are interested in getting involved or would like more information, please contact me at [info@dlsbasildon.org](mailto:info@dlsbasildon.org).

### Planned Activities – Autumn Term

#### Year 7

- **Talk the Talk workshop**
- **BAE Systems Roadshow**
- **Unifrog Session 1** – Unifrog Introduction & Who am I ?
- **Unifrog Session 2** – What are my interests?

#### Year 8

- **BAE Systems Roadshow**
- **Unifrog Session 1** – Exploring possibilities: Dream Jobs
- **Unifrog Session 2** – Job applications: Superhero CV's

#### Year 9

- **Unifrog Session 1** – What are my skills?
- **Unifrog Session 2** – What comes after school: the main learning pathways
- **Basildon Skills Show**
- **Navy Attract Workshop**

#### Year 10

- **Year 10 Mentoring** - UK Power Network
- **Unifrog Session 1** – Reflecting on my career journey: past, present, and future
- **Unifrog Session 2** – Exploring employer profiles
- **Basildon Skills Show**
- **Meet the Apprentice Carousel**
- **Emmanuel Collège Cambridge Trip**
- **CV Writing Workshop**

## **Year 11**

- **CV Writing ‘Catch up’ Workshop**
- **Mock Interviews**
- **Unifrog Session 1** – What are my employability skills?
- **Unifrog Session 2** –Post 16 choices
- **Basildon Skills Show**
- **Meet the Apprentice Carousel**
- **1:1 Connexions interviews**

## **Supporting Your Child's Future**

Many parents ask how they can support their child in planning for life after school. A great starting point is to have regular, open conversations about their interests, strengths, and aspirations.

You may also find this website useful for understanding the **local labour market and local job trends**: [Local Labour Market](#)

[Unifrog website](#) Unifrog sign up code: LALAParent

Thank you for your ongoing support. I look forward to sharing more updates as the year progresses.