

Year 7 PSHE Spring 1

RBV: Rights, Responsibilities and British Values

CDE: Celebrating Diversity and Equality

SSO: Staying safe online and offline

H & W: Health and wellbeing

LBS: Life beyond school

Week beginning	Wednesday AM	Friday AM
21/1	INTRODUCTION : What is PSHE?	RBV: Why is politics important?
28/1	RBV: How is our country run?	RBV: The role of the Prime minister
4/2	RBV:The Monarchy and King Charles III	RBV: Political debates & Parliament
11/2	RBV: Elections & Campaigning	RBV:Creating a political party
HALF TERM	HALF TERM	HALF TERM
25/2	CDE:What is your identity?	CDE: Multicultural Britain
4/3	CDE:Importance of being kind	CDE: Breaking down stereotypes
11/3	CDE: Learning Disabilities	CDE: Prejudice & Discrimination
18/3	CDE: Challenging Islamophobia	CATCH UP
25/3	CONSENT	RESTORATIVE JUSTICE
EASTER HOLIDAYS	EASTER HOLIDAYS	EASTER HOLIDAYS

Year 7 PSHE Spring 2

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SSO: Staying safe online and offline

H & W: Health and wellbeing

LBS: Life beyond school

15/4	SSO: Avoiding gangs & criminal behaviour	SSO: Staying safe online
22/4	SSO: Online gaming, grooming and addiction	SSO: Alcohol & Risk
29/4	SSO: Nicotine & Smoking	SSO: E Cigs, vaping & Shisha
6/5	SSO: Energy drinks & Caffeine	SSO: : Knife crime & Safety
13/5	H&W: Puberty Boys W: Introduction to puberty	H&W: Girls puberty & periods
20/5	H&W: Personal Hygiene	H&W: Growing up
HALF TERM	HALF TERM	HALF TERM
3/6	H&W: Self esteem	H&W: Tooth decay/ Dental Health
10/6	RESTORATIVE JUSTICE	RESTORATIVE JUSTICE
17/6	LBS: Getting to know people	LBS: What is a community?
24/6	LBS: Careers & Your future	LBS: Sleep & Relaxation
1/7	LBS: Financial Education	LBS:: Transition points & Your life