

Year 8 PSHE Spring 1

RBV: Rights, Responsibilities and British Values

CDE: Celebrating Diversity and Equality

SSO: Staying safe online and offline

H & W: Health and wellbeing

LBS: Life beyond school

Week beginning	Wednesday AM	Friday AM
21/1	RBV: Law, crime and society: Desert Island living	RBV: Desert Island: Building community
28/1	RBV: Desert Island: Making decisions	RBV: Desert Island: Criminals, laws and society
4/2	RBV: How are laws made?	RBV: Punish, Reform and Punishment
11/2	CDE: Equality & Diversity explored: equality Act 2010 CDE	CDE: LGBTQ+ What is it?
HALF TERM	HALF TERM	HALF TERM
25/2	CDE: LGBTQ+ Rights across the world	CDE: Gender Equality
4/3	CDE: Abieism & Disability Discrimination	CDE: Removing the barriers: equality for all
11/3	CDE: Racism & Discrimination in society	RESTORATIVE JUSTICE
18/3	SSO: Alcohol safety	SSO: County lines: Who is at risk?
25/3	SSO: Substance misuse	SSO: Cyberbullying
EASTER HOLIDAYS	EASTER HOLIDAYS	EASTER HOLIDAYS

Year 8 PSHE Spring 2

RBV: Rights, Responsibilities and British Values

CDE: Celebrating Diversity and Equality

SSO: Staying safe online and offline

H & W: Health and wellbeing

LBS: Life beyond school

Week Beginning	Wednesday AM	Friday AM
15/4	SSO: Online grooming	SSO: Alcohol safety
22/4	H&W: Health & Wellbeing	H&W: What is mental health?
29/4	H&W: Positive Body Image	H&W: Child abuse
6/5	H&W: Types of bullying	H&W: : Healthy Eating & Cholesterol
13/5	H&W: Stress management	RESTORATIVE JUSTICE: Bullying
20/5	CONSENT	CATCH UP
HALF TERM	HALF TERM	HALF TERM
3/6	LBS: Employability/Enterprise skills	LBS: Proud to be me
10/6	LBS: Careers and aspirations	RESTORATIVE JUSTICE LBS: Self esteem/ media
17/6	LBS: Importance of happiness	LBS: What makes me angry?
24/6	LBS: Exploring careers	CATCH UP