

Year 9	Focus	Theme Title	Key Message	Content Covered
Theme 1	Religious Understanding	The Search for Love (wb 14/9) https://www.tentenresources.co.uk/programmes/life-to-the-full-secondary/year-9/t-1/the-search-for-love/	Beyond romance and desire, authentic love involves choosing the other's good. This deeper view shapes how we see relationships and sex.	Love, desire and sex
Theme 2	Me, My Body, My Dignity	Love People, Use Things (wb 28/9) https://www.tentenresources.co.uk/programmes/life-to-the-full-secondary/year-9/t-2/love-people-use-things/	People are to be loved, not used. Recognising this protects our dignity and that of others in relationships and everyday choices.	Loving others well
Theme 3	Wellbeing and Health	In Control of My Choices (wb 12/10) https://www.tentenresources.co.uk/programmes/life-to-the-full-secondary/year-9/t-3/in-control-of-my-choices/	True freedom involves responsibility. Learning to reflect before acting helps us stay in control of our choices and their consequences.	Desire, lust and self-control
		Drug and Smoking Awareness (wb 2/11) https://www.tentenresources.co.uk/programmes/life-to-the-full-secondary/year-9/t-4/drug-smoking-awareness/	Substances can affect health, judgement and freedom. Understanding the risks helps us make informed and responsible decisions.	Smoking, vaping and drug awareness
Theme 4	Life Cycles	Fertility and Contraception (wb 16/11) https://www.tentenresources.co.uk/programmes/life-to-the-full-secondary/year-9/t-5/fertility-and-contraception/	Fertility is a gift and a responsibility. Understanding reproduction and conception helps us consider how our sexual choices fit God's plan for sex.	Fertility, contraception and Natural Family Planning
Theme 5	Personal Relationships	Commitment and Marriage (wb 30/11) https://www.tentenresources.co.uk/programmes/life-to-the-full-secondary/year-9/t-6/commitment-and-marriage/	Marriage represents a lifelong bond of love and faithfulness. Exploring its meaning helps us reflect on the purpose of commitment in relationships.	Marriage and commitment
		Understanding Consent (wb 14/12) https://www.tentenresources.co.uk/programmes/life-to-the-full-secondary/year-9/t-7/understanding-consent/	Consent is essential in any healthy relationship. Respecting boundaries safeguards dignity, safety and freedom.	Consent and boundaries including online
Theme 6	Online Awareness	Safe and Smart Online (wb 4/1) https://www.tentenresources.co.uk/programmes/life-to-the-full-secondary/year-9/t-8/safe-and-smart-online/	Online spaces require discernment and responsibility. Thinking critically about what we share and consume helps protect ourselves and others.	Online safety awareness
Theme 7	Living in the Wider World	Human Rights - And Wrongs (wb 18/1)	Human rights flow from human dignity. Exploring issues such as sexual	Human rights, sexual harassment, assault & rape

		https://www.tentenresources.co.uk/programmes/life-to-the-full-secondary/year-9/t-9/human-rights-and-wrongs/	exploitation, harassment and assault helps us understand how rights can be upheld or violated.	
Theme 8	Safe and Well	Out and About (wb 1./2) https://www.tentenresources.co.uk/programmes/life-to-the-full-secondary/year-9/t-10/out-and-about/	Making wise decisions in public spaces requires awareness, prudence and respect for others. Calm risk assessment helps protect life and dignity.	Safety around roads, water and railways
		Lifesaving Skills https://www.tentenresources.co.uk/programmes/life-to-the-full-secondary/year-9/t-11/lifesaving-skills/	Knowing how to respond in an emergency builds confidence and courage. Early action can save lives.	Basic first aid