

## Dear Parents and Carers,

Firstly, I would like to extend a warm welcome to all of our new Year 7 families joining De La Salle this September. I look forward to working with you and supporting your child's personal development and future aspirations throughout their time with us.

Each term, I will provide an update highlighting the opportunities and events taking place as part of our Personal Development and Careers Programme.

At De La Salle, we are committed to delivering a high-quality careers programme that meets all **eight Gatsby Benchmarks**. Our carefully planned programme ensures that every student receives impartial careers education, information, advice and guidance, enabling them to make informed decisions about their future.

Careers education begins in **Year 7**, where students are introduced to the world of work through engaging and interactive activities designed to raise aspirations and broaden horizons. As students progress through the school, the programme becomes increasingly personalised, providing opportunities to explore career pathways, develop employability skills, engage with employers and further education providers, and gain meaningful workplace experiences. In **Year 10 & 11**, every student receives an individual careers guidance interview with a qualified Connexions Adviser to support them in making informed post-16 choices.

Our programme continues to evolve throughout the year, with new opportunities and experiences added whenever possible. Below you will find an overview of the activities planned for the **Autumn Term**, together with some useful resources.

One of the key platforms we use is **Unifrog**, which supports students with careers research, subject choices, skills development, apprenticeship and university applications, and recording their achievements. Parents and carers can also access Unifrog to explore information alongside their child.

To create your parent account, please visit the Unifrog website and select '**Register**'. When registering, please use the same email address that you have provided to the school, as this will enable your account to link to your child's profile. [Unifrog website](#)

## Business and Community Involvement

Our careers programme is greatly enhanced by the support of local employers, businesses and community organisations. We are always looking for volunteers who are willing to share their experiences by taking part in activities such as career talks, mock interviews, workplace insight sessions and our popular Careers Carousel events.

If you, or someone you know, would be interested in supporting our students, I would be delighted to hear from you. Please contact me via the school office at **info@dlsbasildon.org** for further information.

Thank you for your continued support. I look forward to working in partnership with you to help our students develop the knowledge, skills and confidence they need for successful futures.

## Planned Activities – Autumn Term

### Year 7

- **Talk the Talk workshop**
- **BAE Systems Roadshow**
- **Unifrog Session 1** – Unifrog Introduction & Who am I ?
- **Unifrog Session 2** – What are my interests?

### Year 8

- **BAE Systems Roadshow**
- **Unifrog Session 1** – Exploring possibilities: Dream Jobs
- **Unifrog Session 2** – Job applications: Superhero CV's

### Year 9

- **Unifrog Session 1** – What are my skills?
- **Unifrog Session 2** – What comes after school: the main learning pathways
- **Navy Attract Workshop**

### Year 10

- **Navy Chefs**
- **Unifrog Session 1** – Reflecting on my career journey: past, present, and future
- **Unifrog Session 2** – Exploring employer profiles
- **Meet the Apprentice Carousel**
- **Emmanuel Collège Cambridge Trip**
- **CV Writing Workshop**

### Year 11

- **CV Writing 'Catch up' Workshop**
- **Mock Interviews**
- **Unifrog Session 1** – What are my employability skills?
- **Unifrog Session 2** – Post 16 choices
- **Basildon Skills Show**
- **Meet the Apprentice Carousel**
- **1:1 Connexions interviews**

## Supporting Your Child's Future

Many parents ask how they can support their child in planning for life after school. A great starting point is to have regular, open conversations about their interests, strengths, and aspirations.

<https://www.essexopportunities.co.uk/media/qs5owuby/parents-and-carers-guide-new-2026.pdf>

You may also find this website useful for understanding the **local labour market and local job trends**: [Local Labour Market](#)

[Unifrog website](#)

Thank you for your ongoing support. I look forward to sharing more updates as the year progresses.